



Minnesota College
Athletic Conference

2008 VOLLEYBALL TEAM PREVIEWS

Team: Anoka-Ramsey	Starters Returning: 3	
Coach: Drew Rongere	Yrs Coaching: 3	Coaching Record: 36-47
2007 Overall Record: 18-17	2007 Conference Record: 5-5	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Jordan Noska	MH	Browerville	2007 NJCAA All-American 3.57 kills per game
Jessica Cichy	MH	St. Francis	2007 MCCC All-Tournament .8 blocks per game
Jakki Lindberg	OH	Cambridge	3.42 digs per game

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Becky Schoenecker	S	Cambridge	UW-Steven's Point
Sarah Smith	LIB	Big Lake	
Carri Roline	RH	St. Francis	
Megan Hambleton	OH	Anoka	

Team Strengths

Defense

Team Weaknesses

Only 7 players

Team: CLC	Starters Returning: 3	
Coach: Jane Peterson	Yrs Coaching: 18	Coaching Record: 425-165
2007 Overall Record: 35-7	2007 Conference Record: 12-0	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Rachel Voeltz	MH	Bertha Hewit	
Shayna Foote	OH/S	Crosby Ironton	
Erin Jugasek	MH	Big Lake	

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Alexa Hoffman	H	Wadena	Winona
Kaylee Hawks	H	Pierz	
Andrea Wynn	S	Crosby Ironton	
Tori Abernathy	H	Greenway	
Tika Klauck	H	Brainerd	

Team Strengths

Defensive scrambling

Team Weaknesses

Inexperience in the setting position

Team: Hibbing CC	Starters Returning: 2	
Coach: Mike Turnbull	Yrs Coaching: 8	Coaching Record: 93-155
2007 Overall Record: 15-24	2007 Conference Record: 6-6	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Lindsay Jacobson	RS	Hibbing,MN	203 Kills,367 Digs,21 Blocks
Ashley Palmer	OH	Floodwood,MN	96 Kills, 164 Digs,13 Blocks

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Breanna Chamernick	OH/LB	Hibbing,MN	
Erienne Bright	MH	Cherry,MN	
Kelly Hams	S	Little Fork-Big Falls,MN	
Daisha VanOverbeke	MH	Hibbing,MN	

Team Strengths

Defense & Passing, Team Chemistry

Team Weaknesses

Young 7 Freshmen

Team: Itasca	Starters Returning: 5	
Coach: Leslie Reed	Yrs Coaching: 8	Coaching Record: 100-106
2007 Overall Record: 7-17	2007 Conference Record: 5-7	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Brittany Black	OH	Bemidji	
Abby Johnstone	OH	Mora	
Chelsea Shields	S	Onamia	

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Misty Flynn	MH	Hill City	
Gina Bounds	MH	Hill City	
Brittney Blair	RS	Nashwauk	

Team Strengths

With five returning players, experience will be something we will be looking for from our sophomores.

Team Weaknesses

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Team: Minnesota West CTC	Starters Returning: 4	
Coach: Janet Haren	Yrs Coaching: 5	Coaching Record:
2007 Overall Record: 5-16	2007 Conference Record: 2-8	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Meghan Cronberg	MB/OH	Luverne, MN	
Kayla Wichern	MB/OH	Russel-Tyler-Ruthton	
Dinah Xaphakdy	S	Luverne, MN	

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)

Team Strengths

Team chemistry

Team Weaknesses

Experience

Team: MSCTC-FF	Starters Returning: 2	
Coach: Terri Strom	Yrs Coaching: 2	Coaching Record: 22-14
2007 Overall Record: 22-14	2007 Conference Record: 7-3	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Krista Shaikoski	MH	Fergus Falls	248 Kills .22 attack % 78 Blocks
Deveny Moore	S	Fergus Falls	62 Blocks 32 A serves 554 assists

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Calianne Rittenour	OH	Underwood	Ridgewater
Nicole Carrison	OH,MH	Fergus Falls	
Emily Liljestrand	L	DGF	

Team Strengths

Should have a strong attack along with a strong serve. Blocking should also be a strength as we have some height.

Team Weaknesses

We are a young team, so being consistent could at times be difficult.

Team: Mesabi Range	Starters Returning: 1	
Coach: Jo Hejny/JoJo Scott	Yrs Coaching: 4	Coaching Record: Scott: 51-48 Hejny: 0-0
2007 Overall Record: 7-5	2007 Conference Record: 14-17	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Roshael Jacobsen	OH	Tower Soudan	2.97 KPG, 15.09 K%, 3.556 DPG, MCAC All-Division 2 nd Team
Rachel Perushek	Lib	Eveleth-Gilbert	1.894 DPG

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Caitlin Stackpool	S	Virginia	
Jessie Larson	MH	Mesabi East	

Team Strengths

Setting, Net play

Team Weaknesses

Inexperience

Team: Northland	Starters Returning: 4	
Coach: Lisa Handley	Yrs Coaching: 3	Coaching Record:
2007 Overall Record: 16-14	2007 Conference Record: 9-3	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Leigha Curfman	OH	Fosston	2 nd Team All-Conf. 274 Kills, 334 digs
Shawna Rogalla	RS	Thief River Falls	Starter last season 202 kills, hit .219, 237 digs,
Sarah Michaels	MH	Thief River Falls	Starter last season 203 kills, hit .202, 63 blocks

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School/Town	College (if transfer)
Whitney Langen	MH	KCC	
Sasha Magner	OH	Newfolden	
Jessica Vanderplaats	S	Hendrum	
Kelsi Kiecker	S	Win-E-Mac	

Team Strengths

Our depth – we have a very deep squad. Big time attackers, good defense – and serve receive should be better than it was last season.

Team Weaknesses

Our depth - trying to keep 13 former starters happy! They have to fight for every position! Players are also playing in different positions that they have never played before, this could mentally cause a problem, at times.

Team: Rainy River Community College	Starters Returning: Two	
Coach: Mel Millerbernd	Yrs Coaching: 19	Coaching Record: 311 - 258
2007 Overall Record: 5 - 20	2007 Conference Record:	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Tasha Johnson	S	Cook County	
Monica McAllister	H	Walker	

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Samantha Alberts	H	Dryden, Ontario	
Carley Lake	H	Portage la Prairie, MB	

Team Strengths

Hard working, dedicated athletes

Team Weaknesses

inexperienced

Team: Ridgewater College	Starters Returning: 3	
Coach: Joe Sussenguth	Yrs Coaching: 2	Coaching Record: 64-14
2007 Overall Record: 33-9	2007 Conference Record: 10-0	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Jordan Olerud	OH	Redwood Valley	3.17 DPG, 2.47 KPG, .49 SAPG
Leah Miller	RS	BOLD	3.12 DPG, 2.30 KPG, .69 BPG
Carina Fesenmaier	S	Sauk Rapids-Rice	11.19 APG, 2.34 DPG

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Stephanie Tillman	MH	Sartell	
Darcie Listul	S/D S	YME	
Steph Boulton	OH	Minneota	
Mackenzie Kessler	MH	St. Michael-Albertville	

Team Strengths

Athletic Ability, quickness

Team Weaknesses

Experience, blocking

Team: Riverland Community College	Starters Returning: 3	
Coach: Helen Jahr	Yrs Coaching: 15	Coaching Record:
2007 Overall Record: 12-16	2007 Conference Record: 2-8	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Ashley Lau	OH	Glenville-Emmons	
Brooke Monson	MH	Austin	
Tiffany Preuss	S	Waterville	

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Krissy Schemmel	S	Mankato West	
Kate Krogh	OH	Medford	

Team Strengths

Communicate Well

Team Weaknesses

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Team: Rochester	Starters Returning: Ashley King, Laura Holt	
Coach: Carolyn Bell	Yrs Coaching: 1	Coaching Record: 12-14
2007 Overall Record: 11-14	2007 Conference Record:	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Ashley King	OH	Caledonia, MN	MCAC First Team All Conference
Laura Holt	MH	Mapleton, MN	MCAC Second Team All Conference

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Sam Sikkink	OH	John Marshall, Rochester, MN	DMAC
Bobbie Meyer	OH	Burnsville, MN	
Vanessa Lawrenz	L	Stewartville, MN	
Darci Heikes	S	Mayo HS, Rochester, MN	

Team Strengths

This year's team will have a very strong defensive line-up and has a lot fire power in the outside and middle, with a dominating block on the right side. As well, we will have an experienced and talented setter from Mayo HS to run our offense.

Team Weaknesses

We are a young team with only two returners.

Team: Vermilion Community College	Starters Returning: Kim Wassink	
Coach: Davis Lamppa	Yrs Coaching: 1	Coaching Record: 0-0
2007 Overall Record: 0-12	2007 Conference Record: 0-12	

Top Returning Players:

Name	Pos	High School	Supporting Statistics/Info
Kim Wassink	S	Chosen Valley	2.42 D/G, .97 A/G, Captain

Top Incoming Players (Freshmen or Transfers):

Name	Pos	High School	College (if transfer)
Tomi McDonald	MH	Ely	
Tiffany Mullins	OH	Augusta, WI	
Melissa Champ	MH	School of Environmental Studies	
Alex Caruso	OH	Ely	

Team Strengths

Kim Wassink returns as the leader of VCC volleyball. Incoming hitters should make an immediate impact for VCC.

Team Weaknesses

Only one sophomore. A little short on hitters.