

**MINNESOTA COLLEGE ATHLETIC CONFERENCE
2008-2009 WOMEN'S BASKETBALL PREVIEW**



Minnesota College
Athletic Conference

Anoka Ramsey

Coach: David DeWitt

Yrs Coaching: 3rd

Career Coaching Record: 49-10 (at ARCC)

2007-08 Overall Record: 23-6

2007-08 Conference Record: 8-4

Starters Returning: 1

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Kate Bement	F	Princeton	7.2 pts/gm
Carrie Roline	F	St. Francis	5.3 pts/gm
Megan Hambleton	G	Anoka	4.1 pts/gm
Georgia Morff	F	St. Francis	5.2 pts/gm
Desirae Robinson	F	Osseo	8.0 pts/gm

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Alissa Dombek	G	Blaine	
Alyssa Silva	G	Maple Grove	
Angy Gavere	F	St. Michael Albertville	
Kyann Patterson	G	Mpls Washburn	
Danica Burr	G	Osakis	

Team Strengths: Not sure

Team Weaknesses: Size

Central Lakes College

Coach: Dennis Eastman

Yrs Coaching: 15

Career Coaching Record:

2007-08 Overall Record:

2007-08 Conference Record:

Starters Returning: 3

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Becky Skiba	C	Onamia	
Brandi Cresap	G	Perham	
Brittany Miller	G	Staples	
Cayla Collison	F	Verndale	
Erica Saima	F	Staples	

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Cassie Pearson	F	Staples	
Chelsey Christensen	G/F	Hill City	

Team Strengths: Experience, shooting

Team Weaknesses: Height and numbers

Fond du Lac Tribal and Community College

Coach: Jen MacKay

Yrs Coaching: 1st year at FDLTCC

Career Coaching Record:

2007-08 Overall Record:

2007-08 Conference Record:

Starters Returning: None – first year

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
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Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
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Alica Lagarde	G	Wrenshall High School - Wrenshall, MN	
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Ashley Langila	P	Esko High School - Esko, MN	
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Team Strengths:

Being that this is our first year as a program, we are building from the ground up. I like that we have leadership inside and outside with Alicia and Ashley.

Team Weaknesses:

Obviously, it will be our depth and experience of our bench players.

Hibbing CC

Coach: Mike Turnbull

Yrs Coaching:2

Career Coaching Record: 5-21

Overall Record: 5-21

2007-08 Conference Record: 4-8

Starters Returning: 3

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Becca Kilbourne	PG	Sebeka,MN	15.1 P/G, 5.9 A/G All-State
Lindsay Jacobson	F	Hibbing,MN	10.1 P/G, 5.1 RB/G All-Conference
Johnea Sherrod	G	Chesapeake,VA	16.1 P/G, 6.1 RB/G All-Conference

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Alia Cook	C	Hibbing,MN	
Kelly Hams	F	Little Fork,MN	
Nicole Nyberg	G-F	Hibbing,MN	
Laura Griffiths	G	Cherry,MN	
Breanna Chamernick	PG	Hibbing,MN	
Kaci Johnson	C	Zim,MN	
Brittany Easley	G	Ironwood,MI	
Shannon Stenlund	F	Zim,MN	

Team Strengths: 3 starters return on perimeter, good size inside.

Team Weaknesses: 8 Freshmen

Itasca

Coach: John Bauer

Yrs Coaching: 8

Career Coaching Record: 104-79

2007-08 Overall Record: 20-8

2007-08 Conference Record: 12-0

Starters Returning: 2

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Erica Cleveland	G	Menahga	
Missy Barbacovi	G	A.D. Johnston	
Cassie Clarke	F	Hill City	

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Katie McBride	P	Grand Rapids	
Amanda Beck	P	Menahga	Northland Community College
Lexi Daniels-Putnam	G	Northland/Remer	
Megan Cleveland	G	Menahga	
Allie Benham	P	Deer River	

Team Strengths: Shooting and speed

Team Weaknesses: Size

Mesabi Range

Coach: Dan Zbosnik

Yrs Coaching: 12

Career Coaching Record: 151-45

2007-08 Overall Record: 13-16

2007-08 Conference Record: 4-7

Starters Returning: 3

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Lacey Sprague	G	McGregor	10.9 ppg. 33% FG 32% 3pt 4.3 rpg
Tara Skadsem	G	Chisholm	8.48 ppg. 30% 3pt
Rachel Perushek	G	Eveleth-Gilbert	36% FG 8.33 ppg 4.3 apg
Damisha Jackson	F	Mnpls MN	36% FG 7.56 ppg. 5.2 rpg

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Jenna Villebrun	G/F	Orr	MN. Morris
Megan Beard	G	Eveleth-Gilbert	
Jenna Beckner	G	Bigfork	
Kayla Blom	G	Albrook	

Team Strengths:

Guard Play

Team Weaknesses:

Experience

Minneapolis Community and Technical College

Coach: Keith Lindahl

Yrs Coaching: 8

Career Coaching Record: 146-82

2007-08 Overall Record: ?

2007-08 Conference Record: ?

Starters Returning: 0

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
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Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
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Team Strengths:

Team Weaknesses:

MSCTC-FF Spartans

Coach: Ann Williams

Yrs Coaching: 32

Career Coaching Record: 493-227

2007-08 Overall Record: 15-10

2007-08 Conference Record: 4-8

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Krista Shaikoski	Post	Fergus Falls	All-Division 2008 Honorable Mention, 19.1 PPG. 9.0 RPG
Deveny Moore	Post/Wing	Fergus Falls	7.9 PPG, 5.2 RPG.
Heather Nelson	Post	Underwood	3.3 RPG, 2.4 PPG
Maggie Kolle	Wing	Fergus Falls	2.5 PPG, 1.0 SPG 2.5PPG
Whitney Blair	Wing/Point	Osakis	1.8 APG

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Jessica Amann	Wing	Hawley	
Kelsey Draper	Post	Chokio Alberta	
Abby Wolden	Point	Underwood	
Denise Ripplinger	Wing	Upsala	
Maria Lindberg	Wing	Perham	
Emily Liljestrand	Wing	Dilworth Glyndon Felton	
Kelsey Steidl	Wing/Post	Maple Valley ND	

Team Strengths: Defense, work ethic, and experience

Team Weaknesses: lack of height, inexperience of freshman

Minnesota West Community and Technical College Bluejays

Coach: Mike Fury

Yrs Coaching:27

Career Coaching Record: 338-293

2007-08 Overall Record: 14-11

2007-08 Conference Record:6-6

Starters Returning:2

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Ashley Kirk	G	Tracy Area	11.9 ppg
G P Vaske	P	Nicollet	5.9 ppg 3.3 rpg
Jerryann Thomas	P	Juanna Eudora Kean, USVI	

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Rachel Pavelko	G	Worthington	
Page Snider	G	Craig County, VA	
Brittany Gravley	G	R-T-R	
Brittany Helgeson	G	Hills-Beaver Creek	
Breanna Rients	G	SW Star Concept	
Brooke Kuehne	G	Fulda	
Amanda Murray	P	Hanson, SD	
Toni Ingenthron	G	Worthington	
Jenna Donkersloot	P	Worthington	

Team Strengths:

Depth and quickness

Team Weaknesses:

Northland Community and Technical College Pioneers

Coach: Guy Finstrom

Yrs Coaching:

Career Coaching Record:

2007-08 Overall Record: 20-10

2007-08 Conference Record: 10-2

Starters Returning: 4

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Kelsey Gust	G	Larimore	
Sarah Passa	F	Drayton St. Thomas	
Tressta Ralston	G	Fordville/Lankin	
Shawna Rogalla	F	Thief River Falls	

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Katie Brommenschenekl	F/C	Norman County West	
Allisa Grahalm	G	Cornwell	
Chelsea Gray	F	Bagley	
Sasha Magner	F	Northern Freeze	
Breanna Solheim	F	East Grand Forks	
Milissa Traynor	F	Bismark Century	
Jessica Vanderplaats	G	Hendrum	
Jarica Hammeis	G	Clearbrook/Convick	
Whitney Langen	P	Hallock	

Team Strengths: Athletic

Team Weaknesses: Young team

Rainy River Community College

Coach: Tim Myles

Yrs Coaching: First

Career Coaching Record:

2007-08 Overall Record: 3-19

2007-08 Conference Record: 1-11

Starters Returning: 2

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Monica McAllister	G	Walker	
Kayla Cluff	C	Blackduck	
Amanda Clark	F	Littlefork	

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Shawncinee Lay	G		
Asha Johnson	F	Minneapolis North	
Stephanie Valek	C	Randolph	
Claudia Henriquez	G	Northeast	

Team Strengths:

Height, Speed, outside shooting

Team Weaknesses:

Lack of experience.

Ridgewater College

Coach: Carrie Ogdahl

Yrs Coaching: 13

Career Coaching Record: 186-145

2007-08 Overall Record: 21-7

2007-08 Conference Record: 7-5

Starters Returning: 2

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Tara Thielke	G	Hancock	10ppg, 3.5spg, 5apg All-Division Honorable Mention
Danielle Goeman	G	MACCRAY	6.5ppg, 3rpg
Patina Queenan	G	KMS	5.5ppg
Britney Glisczinski	P	Sibley East	4.5ppg, 3rpg

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Chelsea Voorhees	W	Hancock	
Crystal Schutte	W	McLeod West	
Kari Caspers	P	MACCRAY	
Alison Mason	P	Sleepy Eye	
Karie Blommel	W	Montevideo	

Team Strengths: Quickness and shooting ability, defense, hard workers

Team Weaknesses: Inexperience, young, strength and depth in the post position

Riverland Community College

Coach: Suzy Hebrink

Yrs Coaching:10

Career Coaching Record: 87-117

2007-08 Overall Record: 0-28 (22-6 prior to forfeits)

2007-08 Conference Record: 0-12 (8-4 prior to forfeits)

Starters Returning: 2

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Brooke Monson	C	Austin	20 ppg, 10 rbs, All Conf, state, region, & Tournament team
Anna Hebrink	G/F	Austin	17ppg, 5 rbs, 6.6 assists. All Conf, state, & Tournament team
Lizzie Gunter	F	Austin	4 ppg, 4rbs,

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Justine Sanvick	F	Hayfield	Wartburg
AunDreah Aune	G	Mpls Roseveldt	
Mandy May	G	Randolph	
Krissy Schemmel	G	Mankato West	
Gretchen Hebrink	G	Austin	

Team Strengths: top scorers returning

Team Weaknesses: young, post depth

Rochester Community and Technical College

Coach: Steve Hucke

Yrs Coaching: 7

Career Coaching Record: 98-61

2007-08 Overall Record: 26-4

2007-08 Conference Record: 11-1

Starters Returning: 2

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
Anne Breland	G	Rochester Lourdes	19.0 ppg, 9.7 rbp
Amanda Degnan	F/P	St. Charles	14.5 ppg, 7.5 rbp
Courtney Jones	G	Kingsland	3.6 ppg, 2.3 steals, 2.8 assists

Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Sam Sikkink	G	Rochester John Marshall	DMACC
Teresa Milczark	P	Cambridge-Isanti	
Maria Gangelhoff	G	Sleepy Eye St. Mary's	
Chelsea Wand	F/P	Fillmore-Central	St. Kates
Jordan Vavra	G/F	Cambridge-Isanti	
Nikki Borkhuis	F/P	Watertown, SD	
Kandace Bostick	G	Burnsville	
Lisa Kingsley	F/P	Rochester John Marshall	
Cori Robinson	P	Triton	

Team Strengths: Depth, balanced scoring, speed

Team Weaknesses: inexperience

Vermilion

Coach Ray Podominick

Yrs Coaching: 5

Career Coaching Record:

2007-08 Overall Record: 9-15

2007-08 Conference Record: 5-7

Starters Returning: 0

Top Returning Players:

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>Supporting Statistics/Info</u>
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Top Incoming Players (Freshmen or Transfers):

<u>Name</u>	<u>Pos</u>	<u>High School</u>	<u>College (if transfer)</u>
Tomi McDonald	F	Ely	
Ashle Johnson	G	St. Louis Park	
Dani Albrecht	F	MN New Country	
Kayla Jones	F	Milwaukee South	
Nicole Worcester	G	Bigfork	Itasca
Alex Carusso	G	Ely	
Tiffany Mullins	F	Augusta, WI	

Team Strengths:

Team Weaknesses: Inexperience, no sophomores