



Minnesota College
Athletic Conference

2009-2010

SOUTHERN ALL-DIVISION TEAMS

FIRST TEAM

Maria Gangelhoff	Rochester
Alex Moore	Anoka Ramsey
Brianna Blackhawk	Minneapolis
Marie Hanson	Anoka Ramsey
Sam Lynn	Minnesota West

SECOND TEAM

Krista Viehauser	Riverland
Erin Wahl	Minneapolis
Stephanie Pilgrim	Anoka Ramsey
Kelsey Guetter	Ridgewater
Alyssa Silva	Anoka Ramsey

HONORABLE MENTION

Sierra Howard	Minneapolis
Whitney Fick	Rochester
Nikki Borkhuis	Rochester
Rachel Pavelko	Minnesota West
Jess Amann	M-State Fergus Falls