

Minnesota College Athletic Conference

2011 Softball Preview



*Ridgewater CTC
Willmar, MN*



*MSCTC-Fergus Falls
Fergus Falls, MN*



*Northland CTC
Thief River Falls, MN*



*Mesabi Range CTC
Virginia, MN*



*Rochester CTC
Rochester, MN*



*Central Lakes CC
Brainerd, MN*



*Anoka Ramsey CTC
Coon Rapids, MN*



*Fond Du Lac Tribal C.C.
Cloquet, MN*



*St. Cloud CTC
St. Cloud, MN*



*Riverland CTC
Austin, MN*



*Hibbing CC
Hibbing, MN*



*Minnesota West CTC
Worthington, MN*



*Itasca CC
Grand Rapids, MN*



*Vermilion CC
Ely, MN*



*Rainy River CC
International Falls*



Minnesota College Athletic Conference

www.mcac-sports.com



NORTHERN DIVISION
CENTRAL LAKES



HEAD COACH: Greg Medeck **STARTERS RETURNING:** 6

YRS COACHING: 2 **CAREER COACHING RECORD:** 27-16

2010 OVERALL RECORD: 17-16 **2010 CONFERENCE RECORD:** 14-6

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Stephanie Neugebauer	SS	Brainerd	
Trisha Wippler	1B	Little Falls	
Alicia Johnson	C/OF	Verndale	
Lindsey Fryer	IF	St. Francis	

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Hallsey Olson	OF	Brainerd	
Sam Harting	P	Pillager	
Heather Hejhal	IF	Verndale	
Ashley Zimmerman	IF	Pequot Lakes	

TEAM STRENGTHS: Good balance in our lineup. We have six experienced sophomores and good speed in our outfield

TEAM WEAKNESSES: Not much depth



NORTHERN DIVISION

FOND DU LAC



HEAD COACH: Kerry Rodd

STARTERS RETURNING: 2

YRS COACHING: 4

CAREER COACHING RECORD: 37-41

2010 OVERALL RECORD: 11-17

2010 CONFERENCE RECORD: 7-13

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Lisa Muehlberger	IF	Duluth Central	.430 BA, .510 OBP, .917 Fldg
Holly Nelson	IF/OF	Carlton	.463 BA, .500 OBP
Anna Engelmeier	OF	Hermantown	.295 BA, 12 SB

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Katie Youngberg	P/IF	Moose Lake-Willow River	
Ariel Morris	IF	Albrook	
Rachel Sanda	IF	Clouquet	

TEAM STRENGTHS: Pitching depth and team defense

TEAM WEAKNESSES: Lack of returning players



NORTHERN DIVISION

HIBBING



HEAD COACH: Steven Rannikar **STARTERS RETURNING:** 3

YRS COACHING: 4 **CAREER COACHING RECORD:** NA

2010 OVERALL RECORD: 11-18 **2010 CONFERENCE RECORD:** 9-13

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Mary Wippler	P	St. Agnes	3.52 ERA, 1st team All-Division

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Becca Anderson	OF	Cherry	
Laura Westphal	OF	St. Clair	
Whitney Finco	IF	Hibbing	

TEAM STRENGTHS: Returning All-Division pitcher and some team speed

TEAM WEAKNESSES: Nine freshman so very inexperienced



NORTHERN DIVISION

ITASCA



HEAD COACH: Bill McBride

STARTERS RETURNING: 2

YRS COACHING: 20

CAREER COACHING RECORD: 505-176

2010 OVERALL RECORD: 51-7

2010 CONFERENCE RECORD: 19-1

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Brooke Geisler	2B	Greenway	2nd team All-State, 2nd team All-Division
Hannah Benzie	1B/OF	Grand Rapids	
Brittany Gerads	OF/P	Upsala	
Gabby Mrosia	OF/3B	Upsala	

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Nicolle Gross	P	Greenway	
Melissa Clark	OF	Carlton	
Haley McNeil	C/1B	Hill City	
Kacie Kuusisto	C/1B	Greenway	

TEAM STRENGTHS: Hard workers, good potential

TEAM WEAKNESSES: Inexperienced as we lost eight sophomores from a great team including two All-Americans



NORTHERN DIVISION

MESABI RANGE



HEAD COACH: Dan Zbosnik

STARTERS RETURNING: 3

YRS COACHING: 4

CAREER COACHING RECORD: NA

2010 OVERALL RECORD: 18-17

2010 CONFERENCE RECORD: 12-8

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Sarah Hamlin	P/IF	Lake View Christian	
Katelyn Fondurulia	C	Centennial	
Vanessa Aultman	IB	Mountain Iron-Buhl	

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Nikki Jasura	IF	Virginia	
Abby Otis	P/IF	Albrook	

TEAM STRENGTHS: Pitching

TEAM WEAKNESSES: Lack of experience and offense



NORTHERN DIVISION

NORTHLAND



HEAD COACH:

STARTERS RETURNING:

YRS COACHING:

CAREER COACHING RECORD:

2010 OVERALL RECORD:

2010 CONFERENCE RECORD:

TOP RETURNING PLAYERS:

NAME

POS

HIGH SCHOOL

SUPPORTING STATISTICS/INFO

NO INFORMATION RECEIVED

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

NAME

POS

HIGH SCHOOL

COLLEGE (IF TRANSFER)

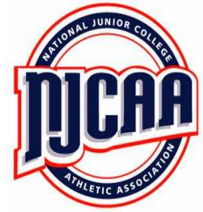
TEAM STRENGTHS:

TEAM WEAKNESSES:



NORTHERN DIVISION

RAINY RIVER



HEAD COACH: Dieter Humbert **STARTERS RETURNING:** 6

YRS COACHING: 8 **CAREER COACHING RECORD:** 161-96

2010 OVERALL RECORD: 24-14 **2010 CONFERENCE RECORD:** 14-6

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Brenley Anderson	IF	Rainy River	.535 BA
Courney Scholler	C	International Falls	.915 BA
Caitlyn Medecke	IF	Little Fork-Big Falls	.867 SP
Cally Tinkess	IF	Rapid City	.348 BA
Chrissy Frasz	IF	Saskatoon (SK)	.340 BA

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Cateline Fafard	P	Dauphin (MB)	

TEAM STRENGTHS: Sophomore experience

TEAM WEAKNESSES: Position and pitching depth



NORTHERN DIVISION

VERMILION



HEAD COACH: Davis Lamppa **STARTERS RETURNING:** 3

YRS COACHING: 3 **CAREER COACHING RECORD:** 9-53

2010 OVERALL RECORD: 9-27 **2010 CONFERENCE RECORD:** 4-16

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Angie Muhvich	SS/3B	Ely	.290 BA, 12 RBI
Sarah Mann	IF/OF	Cumberland, WI	.318 BA, .371 OBP
Kaylee Stangland	1B/OF	Deer River	.245 BA, 8-2B
Rachel Eisenhuth	P/OF	Babbitt-Embarrass	.260 BA, .390 OBP
Clarissa Christiansen	OF	Hinckley-Finlayson	

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Ashley Roder	SS/C	Montevideo	
Laura Lindau	P/1B	White Bear Lake	
Carissa Mathison	C/1B	Cumberland, WI	
Hannah Larson	OF	Little Fork-Big Falls	
Sadie Scholl	P/OF	Babbitt-Embarrass	
Ashley Whited	IF	Hinckley-Finlayson	
Hayley Kelly	OF	Roseau	
Emily Trappe	3B	Little Fork-Big Falls	
Megan MacDonald	OF/C	Forsyth County Day	

TEAM STRENGTHS: Depth

TEAM WEAKNESSES: Inexperience with nine freshmen



SOUTHERN DIVISION

ANOKA-RAMSEY



HEAD COACH: Dave Alto

STARTERS RETURNING: 4

YRS COACHING: 1

CAREER COACHING RECORD: 4-39

2010 OVERALL RECORD: 4-39

2010 CONFERENCE RECORD: 3-21

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Alex Thunborg	SS	Spring Lake Park	.407 BA, All-Division, 2nd team All-State

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Krystal Plouff	OF	Forest Lake	U/M Crookston
Andi Schoephoerster	C	Champlin Park	Univ. of St. Thomas
Melissa Palm	P	St. Cloud Cathedral	
Randee hanson	3B	Rogers	

TEAM STRENGTHS: Work ethic and team chemistry of returnees with newcomers. We are looking forward to being more competitive this year.

TEAM WEAKNESSES: Our biggest weakness will be putting our first season behind us. This year's team is much different than last year's.



SOUTHERN DIVISION

MINNESOTA WEST



HEAD COACH: Rosalie Hayenga-Hostikka **STARTERS RETURNING:** 5

YRS COACHING: 6

CAREER COACHING RECORD: 67-107

2010 OVERALL RECORD: 13-24

2009-10 CONFERENCE RECORD: 9-15

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Sam Lynn	SS	Adrian	.358 BA, 27-R, 10-2B, 33 RBI, 28 SB
LoRel Christensen	1B	Springfield	.311 BA, 22-R, 14-2B, 20 RBI
Kaitlin Banck	3B	Adrian	.345 BA, 20-R, 8-3B, 10 SB
Katie Hadler	P	Edgerton	4.50 ERA, 68 K

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Katherine Kazemba	C/P	Eau Claire Imm. Lutheran	
Steph Maras	P/IF	Red Rock Central	

TEAM STRENGTHS: We will have a very solid defensive infield and some depth at the pitching position

TEAM WEAKNESSES: Inexperience in some key positions and overall team speed



SOUTHERN DIVISION

M-STATE FERGUS FALLS



HEAD COACH: Steve King

STARTERS RETURNING: 1

YRS COACHING: 1

CAREER COACHING RECORD: 11-23

2010 OVERALL RECORD: 11-23

2010 CONFERENCE RECORD: 8-14

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Whitney Swenson	C/OF	YME	

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Steph Hahn	P/IF	Wadena-Deer Creek	
Jacqui Haarstad	OF	Battle Lake	
Katie Frederickson	SS	Fergus Falls	

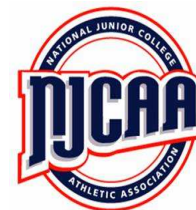
TEAM STRENGTHS: NA

TEAM WEAKNESSES: Lack of experience and pitching depth



SOUTHERN DIVISION

RIDGEWATER



HEAD COACH: Todd Thorstad

STARTERS RETURNING: 3

YRS COACHING: 11

CAREER COACHING RECORD: 204-124

2010 OVERALL RECORD: 28-12

2010 CONFERENCE RECORD: 18-6

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Emily Roelike	IF	BBE	1st team All-American, All-Region 13A, All-Division, All-State
Brandi Bodin	C	MACCRAY	All-Region 13A, All-Division, All-State
Sara Beyer	IF	Morris Area	

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Whitley Strei	IF	Lac qui Parle Valley	
Shannon Heitz	P	Glencoe-Silver Lake	
Jen Storck	C/OF	Morris Area	
Andrea Krause	P/IF	Bloomington Kennedy	

TEAM STRENGTHS: Solid infield and good bats all around

TEAM WEAKNESSES: Team speed



SOUTHERN DIVISION

RIVERLAND



HEAD COACH: Dan Swift

STARTERS RETURNING: 0

YRS COACHING: 1

CAREER COACHING RECORD: 32-12

2010 OVERALL RECORD: 32-12

2010 CONFERENCE RECORD: 23-1

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
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TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Bridget Bergstom	IF/P	Marshall	
Sara Alms	OF	Austin	
Brandi Ruroden	C/IF	Austin	
Cassie Masberg	IF/P	Waterville-Elysian-Morristown	

TEAM STRENGTHS: NA

TEAM WEAKNESSES: We are young and don't have great team speed



SOUTHERN DIVISION

ROCHESTER



HEAD COACH: Jean Musgjerd **STARTERS RETURNING:** 4

YRS COACHING: NA **CAREER COACHING RECORD:** NA

2010 OVERALL RECORD: 32-18 **2010 CONFERENCE RECORD:** 17-6

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Anna Ramboldt	C/1B	Goodhue	.456 BA, Led team in BA and RBI
Halie Damon	2B/C	Kasson-Mantorville	.346 BA
Erin Hain	P	Stewartville	.267 BA, 9-6 W/L
Melissa Farrell	3B	Bedford Road Coll.	.286 BA

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Laura Carnell	P	Comfrey	
Jordan Nelson	1B/3B	Lake Crystal-Wellcome Memorial	
Rachel Tate	OF	Triton	
Katie Busse	OF	West Central Area	

TEAM STRENGTHS: We have four very eager sophomores to lead us. We will look to them for leadership and direction. We have solid bats so having high expectations to dominate at the plate is a must to compete in our region. We are forming into a tight knit team which will come into play in the late innings.

TEAM WEAKNESSES: We are a young team starting to get the transition to college ball. We have veteran pitching and expect the defense to work behind them. We need to communicate better with each other on the field. We will be asking some of the freshman to step into leadership roles.



SOUTHERN DIVISION

ST. CLOUD TECH



HEAD COACH: Greg Thorstad

STARTERS RETURNING: 1

YRS COACHING: 1

CAREER COACHING RECORD: 3-3

2010 OVERALL RECORD: 3-26

2010 CONFERENCE RECORD: 3-20

TOP RETURNING PLAYERS:

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>SUPPORTING STATISTICS/INFO</u>
Steph Nelson	LF	Becker	.338 BA

TOP INCOMING PLAYERS (FRESHMEN OR TRANSFERS):

<u>NAME</u>	<u>POS</u>	<u>HIGH SCHOOL</u>	<u>COLLEGE (IF TRANSFER)</u>
Tesslynn Callander	SS	Kimball Area	
Katlyn Evans	CF	Big Lake	
Katie McCullough	IF	Osseo	

TEAM STRENGTHS: Solid defense and should be good at the plate

TEAM WEAKNESSES: NA