



Minnesota College
Athletic Conference

2009 ALL-STATE TEAMS

First Team

Katie McBride - Itasca
Stacie Miller - Fond Du Lac
Brittni Johnson - Northland
Emma Nelson - Itasca
Olivia Graham - Central Lakes
Sam Drees-Ridgewater
DeAnna Mock-Rochester
Rachel Pavelko-Minnesota West
Amy Fordham-RCTC

Second Team

Alicia Sundahl - Northland
Natosha Rohloff - Fond Du Lac
Hanna Wagner - Central Lakes
Kelly Hams - Hibbing
Laura Meyer-Riverland
Tara Thielke-Ridgewater
Ashley Schmeling-Ridgewater
Amanda Snyder-Fergus Falls
Jill Radke-Riverland

Honorable Mention

Carley Lake - Rainy River
Kayla Blom - Mesabi
Lacey Joslin - Itasca
Shawna Rogalla - Northland
Brittany Gravelle - Central Lakes
Kelly Shaner-Rochester
Kayla Guck-St. Cloud Tech
GP Vaske-Minnesota West
Sam Hanson-Fergus Falls