



FOOTBALL

Minnesota College Athletic Conference

News Release

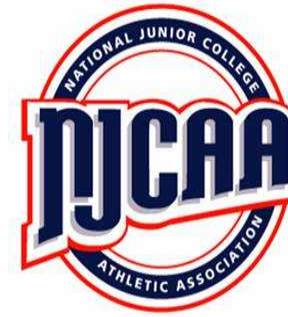
1450 Collegeway, Worthington MN 56187

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State Rankings

1. Rochester
2. Minnesota West
3. Central Lakes
4. Mesabi Range
5. Itasca

Release Number 1
August 31, 2010

MCAC Northern Division Conference Standings

	Division Record	Overall Record	Points
Mesabi Range	0-0	1-0	1
Itasca	0-0	1-0	1
Vermilion	0-0	0-1	0
Fond Du Lac	0-0	0-1	0
Northland	0-0	0-1	0

Week 1 Scores

Rochester 26 Northland 0

Itasca 7 Ridgewater 0

Mesabi Range 33 M-State Fergus Falls 13

Minnesota West 35 Vermilion 12

Central Lakes 21 Fond Du Lac 6

Offensive Player of Week
Marcel Pierre
Running Back
Itasca

Pierre, from Orlando FL last week rushed for 109 yards and 1 touchdown in helping the Vikings to a win.

Defensive Player of Week
Joe Bohaty
Defensive Back
Itasca

Boharty, from Willow River, MN week had 9 tackles and 2 interceptions in the last 3 minutes to help preserve the Vikings win.

Special Teams Player of Week
Josh Stougaard
Punter
Itasca

Stougaard, from International Falls, MN last week had 4 punts inside the Ridgewater twenty yard line and also converted a 4th down fake punt into a first down.

Games on September 4, 2010

Minnesota West @ Itasca noon

Central Lakes @ Northland 1:30 PM

Ridgewater @ Mesabi Range 2:00 PM

Rochester @ Vermilion 3:00 PM

M-State Fergus Falls @ Fond Du Lac 4:00 PM

The MCAC is a 10 teams, NJCAA Division III Conference with teams located throughout Minnesota.

Central Lakes-Fond Du Lac-Itasca-Mesabi Range-Minnesota West-Northland-MSCTC Fergus Falls-Ridgewater-Rochester-Vermilion



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<i>Week 1</i>	Offensive Player of the Week	Defensive Player of the Week	Special Teams Player of the Week
<i>Week 2</i>	Offensive Player of the Week	Defensive Player of the Week	Special Teams Player of the Week
<i>Week 3</i>	Offensive Player of the Week	Defensive Player of the Week	Special Teams Player of the Week
<i>Week 4</i>	Offensive Players of the Week	Defensive Player of the Week	Special Teams Player of the Week

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MCAC Southern Division Conference Standings

	Division Record	Overall Record	Points
Rochester	0-0	1-0	1
Central Lakes	0-0	1-0	1
Minnesota West	0-0	1-0	1
Ridgewater	0-0	0-1	0
MSCTC-Fergus Falls	0-0	0-1	0

Offensive Players of the Week
Joe Harris
Running Back
Minnesota West

Harris, from Hopkinsville, KY last week ran for 74 yards and 3 touchdowns to help the Bluejays to their victory over Vermilion

Defensive Player of the Week
Deshawn Lawrence
Safety
Minnesota West

Lawrence, from Sanford, FL last week had 10 tackles and a fumble recovery for a touchdown to help the Bluejays to their victory over Vermilion.

Offensive Players of the Week

No Nominations

Week 1 Scores

Rochester 26 Northland 0

Itasca 7 Ridgewater 0

Mesabi Range 33 M-State Fergus Falls 13

Minnesota West 35 Vermilion 12

Central Lakes 21 Fond Du Lac 6

Games on September 4, 2010

Minnesota West @ Itasca noon

Central Lakes @ Northland 1:30 PM

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<i>Week 1</i>	Offensive Player of the Week	Defensive Player of the Week	Special Teams Player of the Week
<i>Week 2</i>	Offensive Player of the Week	Defensive Player of the Week	Special Teams Player of the Week
<i>Week 5</i>	Offensive Player of the Week	Defensive Player of the Week	Special Teams Player of the Week
<i>Week 6</i>	Offensive Players of the Week	Defensive Player of the Week	Special Teams Player of the Week

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